



ViaZen Constipation Spec Sheet

FOR HEALTH CARE PROFESSIONALS

Presentation

60 capsules

Anticipated results

- Relieves occasional and chronic constipation.
- Increase intestinal motility.
- Provides an emollient effect.
- Helps counteract bloating and flatulence.
- Soothes abdominal pain.



Secondary anticipated results

- Improves quality of intestinal flora..
- Provides a feeling of abdominal lightness.

Who needs ViaZen Constipation?

ViaZen Constipation provides a natural and effective solution to quickly counter constipation, whether occasional or chronic, as well as the resulting abdominal discomfort.

Table 1: Clinical symptoms in the presence of constipation

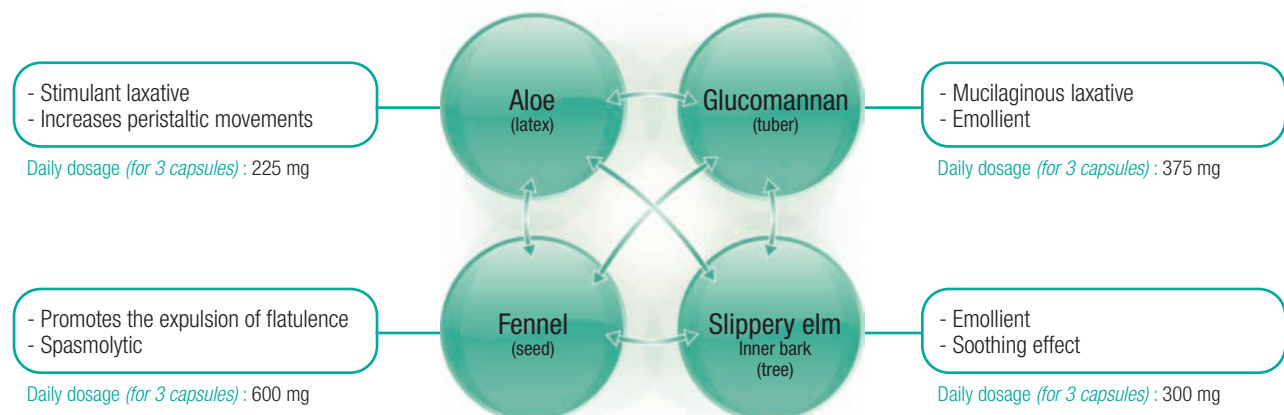
- Bloating
- Painful defecation
- Abdominal pain
- Major or repeated efforts during defecation
- Fatigue

- Flatulence
- Nausea
- Decreased intestinal transit
- Hard and dehydrated stools

- Decreased bulk volume
- Infrequent stools (less than 3 per week)
- Sensation of incomplete defecation
- Feeling of rectal fullness

ViaZen Constipation, a powerful synergy of 4 active ingredients

The ingredients' synergy of ViaZen Constipation is the key of the effectiveness of this SUPERIOR FORMULA.



Note : ViaZen Constipation is free from wheat, soya, corn, yeast, peanut, gluten, egg and dairy products. It does not contain preservatives, sweeteners, colouring agents, artificial flavours and is exempt of GMO.

Non-medicinal ingredients

Microcrystalline cellulose, magnesium stearate from plant origin, pitted plum fruit and gelatine.

Recommended use

Viazen Constipation will be taken as needed to relieve constipation in an amount of 1 to 3 capsules once a day, a few hours before or after taking other medications or natural health products. The effect will be felt from the first use.

In order to fully benefit the product, it is important to drink a minimum of 1.5 liters of water per day.

Action mechanisms

Viazen Constipation promotes an optimal intestinal transit in removing feces stagnation in the gastrointestinal tract. It gently relieves constipation and irregularity.

Its efficacy is first based on the stimulant laxative action of **aloe latex**. This bitter yellow sap, which is present in the tiny aloe bark channels, contains 20 to 40% of anthraquinone (aloin and barbaloin). These active molecules are responsible for reducing the reabsorption of water and electrolytes into the colon, which generates an increase of all intestinal peristaltic movements. The Commission E, ESCOP and the WHO recognize the efficacy of aloe latex to treat occasional constipation.

Since the aloe latex can be irritating to the intestinal mucosa, the **slippery elm** powder was integrated to the formulation. First for the soothing and softening effect of its mucilage on the intestinal mucosa, and also for its emollient laxative properties. These therapeutic benefits are due to the phloem, the inner bark of the tree, which is rich in polysaccharides. These soluble fibers will swell upon contact with water and produce a viscous substance. This mucilage softens stools, makes them more bulky due to their higher water content and accelerates intestinal transit.

The tuber of **glucomannan** is also integrated into the formula for its mucilaginous laxative effect. It promotes bowel movement by increasing the volume and moisture content of the fecal mass. In contact with water, the volume is multiplied by 17, so a very small amount is sufficient to trigger the peristalsis and pushing the stools toward the rectum. It ensures better bowel regularity. The glucomannan, by its adsorbent effect, ensures the elimination of toxic components present in the intestinal lumen. The undesirable bacteria which negatively affect the bowel movement will disappear.

The **fennel** seeds, recognized by the Commission E and by the ESCOP for the treatment of dyspepsia, have been incorporated into the Viazen Constipation formula for three specific properties: their caminative action (which promotes the expulsion of intestinal flatulence), their stimulating effect on intestinal motility and their spasmolytic effect. All these benefits ensure an efficient and painless digestive transit.

References

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www.naturalstandard.com
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The **prune powder** has been incorporated into the non-medicinal ingredients in the Viazen Constipation due to its stimulating action on intestinal peristalsis. This action is attributed to the dihydroxyphenylisatin, sorbitol and to certain phenolic compounds. These benefits help optimize the therapeutic effects of the product.

In conclusion, Viazen Constipation provides a fertile ground for effective and regular bowel elimination. It promotes intestinal mucosa integrity to remedy several abdominal discomforts often present during constipation: stomach ache, bloating and flatulence. Elimination of constipation is very important for health as it helps prevent the development of severe intestinal diseases.

Cautions

- Can cause soft stools, flatulence, diarrhea and/or abdominal discomfort.
- While taking thiazide diuretics, corticosteroids, licorice root, or other medications or natural health products that may aggravate electrolyte imbalance.
- While taking cardiac medications (such as cardiac glycosides or antiarrhythmic medications).
- In presence of the following health disorders: diabetes, kidney disorders, faecal impaction or symptoms such as abdominal pain, nausea, vomiting or fever.
- Reduce the dose or discontinue use if you experience abdominal pain, cramps, spasms and/or diarrhea and consult a health care practitioner if symptoms persist and/or worsen.
- Consult a health care practitioner if you experience chest pain, vomiting, or difficulty swallowing or breathing after taking Viazen Constipation.

Contraindications

- Do not use if you are pregnant or breastfeeding.
- Do not use if you have abnormal gastrointestinal tract constriction, swallowing disorder, potential or existing intestinal blockage, atonic bowel, appendicitis, inflammatory colon disease (such as Crohn's disease or ulcerative colitis), abdominal pain of unknown origin, undiagnosed rectal bleeding, severe dehydration with depleted water or electrolytes, hemorrhoids or diarrhea.
- Do not used if you are allergic to anethol or plants belonging to the Apiaceae/Carrot family.