



ViaZen Menopause Spec Sheet

FOR HEALTH PROFESSIONALS

Presentation

90 capsules

Anticipated results

- Rapid and effective menopause discomforts relief
- Better physiological stress management related to menopausal hormonal disturbances
- Balance blood oestrogens level by supporting liver function
- Slowing of ageing process by reducing oxidative stress
- Improvement of energy production and elimination of general tiredness
- Better vitality



Secondary anticipated results

- Slowing of aging process by reducing oxidative stress (free radicals > antioxidants)
- Protection against bone mass loss

Who needs ViaZen Menopause?

This product has been especially developed to offer a natural support, without side effects, to women whose quality of life is disturbed by menopause discomforts.

It can be used as from the moment when the menstrual cycle starts to become irregular with or without the appearance of the other clinical signs associated with the menopause.

Clinical symptoms of menopause

- Amenorrhoea
- Anxiety
- Bloating
- Breast tension
- Constipation
- Depression
- Drop or loss of libido

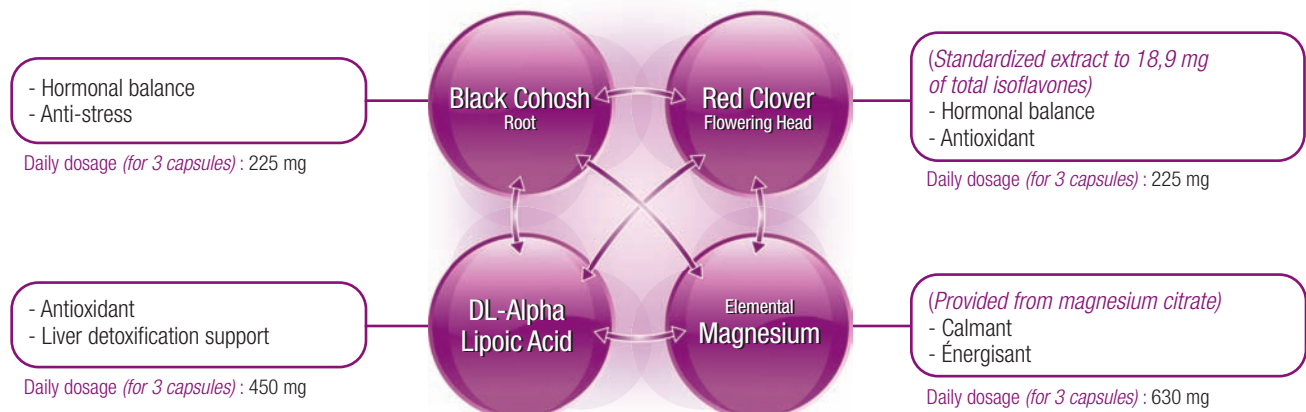
- Dysmenorrhoea: menstrual cycles modifications and spotting in the middle of the cycle
- Hair loss
- Heavy legs
- Heart palpitations
- Hot flushes
- Insomnia

- Irritability
- Joint pain
- Memory loss
- Migraine
- Mood swing
- Muscle cramps
- Nervousness

- Night sweat
- Skin dryness
- Stress
- Tiredness
- Vaginal dryness
- Weight gain

ViaZen Menopause, a powerful synergy of 4 active medicinal ingredients

The ingredients' synergy of ViaZen Menopause is the key of the effectiveness of this SUPERIOR FORMULA.



Note : ViaZen Menopause is recommended in presence of soy allergy, because the ISOFLAVONES included in this formula originated from the Red Clover and not from soyabean. This natural health product is free of wheat, soy, corn, yeast, peanut, gluten, egg and dairy products. It does not contain preservatives, sweeteners, colouring agents, artificial flavours and is exempt of GMO.

Non-medicinal ingredients

Microcrystalline cellulose, vegetable magnesium stearate, gelatine. Viazen Inflammationis free of wheat, soya, corn, yeast, peanut, gluten, egg and dairy products. It does not contain preservatives, sweeteners, colouring agents, artificial flavours and is exempt of GMO.

Recommended use

As of the appearance of one or several symptoms associated with the menopause, Viazen Menopause will be taken on a regular basis at the dosage of one capsule 3 times a day with meal, during 3 to 6 consecutive months. Optimal results will appear after approximately three weeks of treatment.

Viazen Menopause is free of wheat, soya, corn, yeast, peanut, gluten, egg and dairy products. It does not contain preservatives, sweeteners, colouring agents, artificial flavours and is exempt of GMO.

Viazen Menopause can be used WITHOUT RISK in the presence of soy allergy, since the ISOFLAVONES of this formula come from red clover and not from soy bean.

Action mechanisms

Viazen Menopause helps to relieve menopause discomforts in several ways. Red clover **isoflavones** seem to be responsible for the majority of the therapeutic benefits while contributing to control the oestrogenic activity. This effect is associated with affinity (due to the similarity of their chemical structure) of the isoflavones to estradiol receptors and their capacity to act as agonists and antagonists. **Biochanine A** and **formononetin** are the main isoflavones present in the red clover. These molecules are respectively metabolized in vivo in genisteine and diadzeine. Moreover, these four isoflavones have an anti-androgenic activity. It seems that the red clover also has a regulating action on the RNA messenger of progesterone receptor.

Black cohosh is approved by the Commission E and the World Health Organization, as a specific treatment to relieve menopause symptoms, and it is largely widespread in Europe.

The **triterpenic glycosides**, the **phenylpropanoids**, the **organic acids**, the **polyphenols** and the **lignanes** are the main active components having shown a pharmacological activity.

Black cohosh doesn't seem to have significant direct oestrogenic effects, but rather an anti-oestrogenic effect. Its therapeutic action would also be associated to a serotonergic effect and as an agonist effect to opiates receptors, which help reducing the physiological stress associated to menopause.

References

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Magnesium comes to potentiate the regulation of the hormonal and nervous functions, thus allowing the reduction of the stress level.

The scientific literature emphasizes that the oxidative stress (free radicals > antioxidants) is increased in the course of menopause, which is associated with the process of aging and the development of degenerative diseases.

Viazen Menopause formula includes several sources of antioxidants, in order to counter this process.

The **alpha-lipoic acid** (ALA) is an important antioxidant. Its molecular structure enables to neutralize several types of free radicals. This molecule also has the capacity to recycle other antioxidants, including vitamin E, vitamin C and the antioxidant enzyme glutathione, mainly synthesized by the liver. Supporting liver detoxification process ensures a more effective bio-transformation of circulating oestrogens.

Several components of black cohosh and red clover have also antioxidant activity.

In addition, black cohosh, red clover and magnesium offer a protection against the loss of bone mass and thus contribute to prevent the osteoporosis.

Lastly, **magnesium** and the **ALA** are necessary to energy production (ATP) and so will contribute to reduce general tiredness, often present in the course of menopause.

Cautions

Consult a health care practitioner prior to use: if you are breastfeeding; if you take thyroid hormone replacement; if you have diabetes; if you have a liver disorder or develop symptoms of liver trouble. Consult a health care practitioner if symptoms persist or worsen.

Contraindications

Do not use if you are pregnant.