

# ViaZen Energy Spec Sheet

### FOR HEALTH PROFESSIONALS

### **Presentation**

60 capsules

# **Anticipated results**

- Relief of physical and mental fatigue.
- · Improves concentration and alertness.
- Support during overwork periods (physical and mental).
- · Generates a state of wellbeing.



# Secondary anticipated results

- Glucose balance.
- Thyroid function support.

# Who needs ViaZen Energy?

ViaZen Energy was especially developed for women and men who show tiredness or a general fatigue, caused by a professional overwork, by an intensive sports training or following surgery, a chronic disease and in presence of repetitive infections.

# **Table 1: Clinical symptoms**

- Anxiety
- Concentration disorders
- Convalescence
- Depression
- Dizziness
- Drop of libido

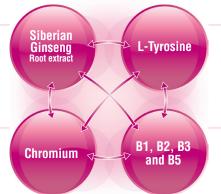
- Headaches
- Indecision
- Irritability
- Lassitude
- Loss of memory
- Melancholy

- Nervousness
- · Repetitive infections Salt craving
- Short breath
- Slowness
- Stimulant need: coffee, energetic beverages, black chocolate, etc.
- Sugar craving
- Tiredness
- Weak self-esteem
- Weakness
- Worry

# ViaZen Energy, a powerful synergy of 4 active medicinal ingredients

The ingredients' synergy of ViaZen Energy is the key of the effectiveness of this SUPERIOR FORMULA.

# Daily dosage (for 2 capsules): 300 mg (20:1 extract) • Tonic • Adaptogen Daily dosage (for 2 capsules): 400 mg (Chelate) • Glucose balance • Lipids and protein synthesis



### Daily dosage (for 2 capsules): 500 mg

- Nervous system balance
- Thyroid balance

#### Daily dosage (for 2 capsules): 80 mg

- Energy production
- Nervous system support



# Non-medicinal ingredients

Vegetable magnesium stearate, gelatin. ViaZen Energy is free from wheat, soya, corn, yeast, peanuts, gluten, egg and dairy products. It does not contain preservatives, sweeteners, colouring agents, artificial flavours and is exempt of GMO.

### **Recommended Use**

ViaZen Energy will be taken on a regular basis at the daily dosage of 1 capsule 2 times a day with food, for one month. The benefits will start to be observed in the first days of use, but the optimal results will appear after two weeks.

ViaZen Energy is recommended during demanding periods of life: season changing, overwork, intensive sports training, convalescence, hypothyroidism, adrenal glands unbalance, repetitive infections, etc.

After a one-month treatment, it is recommended to make a therapeutic pause of approximately one week, and then repeat the treatment for another month if necessary.

### **Action mechanisms**

ViaZen Energy aims energetic efficiency improvement in order to optimize the physical and mental capacities.

The lack of energy occurs when the organism is unable to provide an optimal energetic supply, to meet its needs adequately. By its adaptogen properties, the **Siberian ginseng** improves the adaptation capacity to the environmental factors. By controlling the pituitary-adrenal axis, it ensures the balance of the adrenal's functions and contributes to a better management of the daily stress. It thus reduces the useless loss of energy, eliminates the tiredness which results and allows a greater endurance.

The literature also reports the effectiveness of the Siberian ginseng to improve the cognitive functions. Immunity also takes advantage from this medicinal plant, because it increases the cellular and the humoral immune activities.

The action of **chromium** ensures insulin regulation and that of blood glucose, allowing cells to benefit from a continuous and optimal glucose supply.

The **vitamins B1,B2, B3 and B5**, allow an optimal energy production and an effective lipid and protein metabolism. **B Vitamins** support the nervous functions via their contribution to the nerve impulse transmission.

Achieving an optimal level of activity within the body also depends on thyroid function. The incorporation of **I-tyrosine** in this formula contributes to the synthesis thyroid hormones and homeostasis of this gland.

In summary, ViaZen Energy has tonic properties. This natural health product simultaneously supports several physiological processes implied in cellular energy production.

### **Cautions**

- Do not use during pregnancy and breastfeeding period.
- Be aware in presence of hypoglycemic therapy.
- Be aware in presence of autoimmune diseases or if you have any type of acute infection.
- Be aware in presence of a low protein diet.

## **Contraindications**

Do not use in presence of high blood pressure.